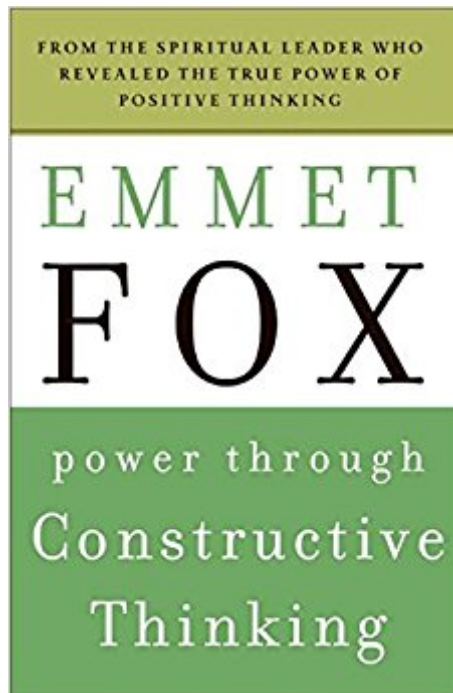




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# Power Through Constructive Thinking (Plus)



## Synopsis

One of the First Books to Demonstrate the Power of Positive Thoughts Fresh with contemporary relevance, this classic of positive thinking from one of the world's greatest motivational writers offers stirring insights on self-transformation. Based on Emmet Fox's simple message that "thoughts are things" and all potential rests in their creative and constructive use, these thirty-one inspiring essays show how to have it all "health, success, happiness, and a liberated spirit" through the power of constructive thought. First published in 1940, *Power Through Constructive Thinking* has been a never-failing source of strength and renewal for generations of readers.

## Book Information

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## Customer Reviews

Emmet Fox has been a major spiritual inspiration in my life and a significant intellectual force behind all my work. (Steve Chandler, author of *The Story of You*) "Emmet Fox was one of the world's greatest metaphysical teachers. His works have contributed profoundly to the spiritual understanding of millions of people, including myself." (Marianne Williamson, author of *A Return to Love*)

With dramatic clarity Dr. Fox tells how to conquer failure and discouragement. --This text refers to an out of print or unavailable edition of this title.

I can't begin to express how this book is changing my views and my heart. I finally found the answers to some of the questions I've had for a while and which I'd been looking to answer. Emmet Fox is practical but solid. I've read from A Course in Miracles to Abraham-Hicks and I hadn't been able to a) understand how to really apply their messages b) much less make practical changes in my life for the better. In my opinion, Emmet Fox explains the heart of the concepts and also how to apply them in practical terms. I have no particular religious adherence and I find this very appealing... I am definitely a fan of Emmet Fox's teachings and will continue to purchase his books and had read other of his books but I think this one takes the cake in terms of how complete it is in how it explains scientific prayer and how to actually do it. Now I understand why some of the other 'stuff' (Angels, affirmations, etc.) didn't work for me... Very thankful for this book and seeing changes in the way I feel right away. Just finished reading so, hopefully will start to see changes in my 'physical reality' if I continue to apply myself in raising my consciousness...

I make the choice to read E.Fox's work for two reasons; 1) he writes from a completely different time / era and 2) his thought process is interestingly off for the time in which he writes. This is no different than what takes place today. People tend to gravitate towards the writer who presents a side of life, living which they've given thought to but failed to share with another for various reasons. Fox is not the first to speak on these matters of metaphysics but seemingly the one who dares to bring it to light and also maybe hear God's direction???PTCT is certainly a work to bring about a new perspective on life, prayer, God's plan for the seeker, the reader, anyone who is really looking for new energy, understanding, and change in comprehension. It is not a read for the person who is curious while it is a read for the person who is ready to take in what is being said. The reader may not take in all that is given but there are some points which are made that will clearly change the way one looks at a number of situations in their life. I suggest the reader pay great attention to the work of Our Lord's prayer...if no other piece of work to incorporate in your life, give attention to that read.

This book is nothing like others. If you are prepared for it spiritually, it will change your life by giving you profound understanding and many practical tools to achieve all the good you desire. It is delivered in the most simple and straightforward way you can imagine, and for the first time you will really understand what the Bible is all about. Emmet Fox is God's gift to humanity and to Truth seekers in particular.

Emmett Fox teaches through his writings how keep my focus on day to day moment to moment surroundings where the only threat to my joy is my own thinking. So think righteously. His observations and definitions bring me a better understanding to live the best myself possible which then harmonizes with all people and things in my life. :"; Righteousness - Right thinking which is no guilt and no blame." "The two keys to (living in) Hell are condemnation and resentment.." "There are really only two emotions in life Love or Fear." "Love is always creative. Fear is always destructive" All other positive or negative emotions are allotrope forms of love or fear. "It is for us to decide which of these two feelings holds sway to our lives."

Many years have passed since the author shared these truths in his generation. They are still relevant today for those who are still seeking spiritual insights that can add to the depths of their own experiences of faith. Actually, this is what the book is all about "faith." Whether one agrees with every area of thought he touches upon, or of the way he categorizes his concepts. When he focuses upon the essence of his primary emphasis in each chapter he takes you back to a scriptural reference and solidly plants his feet on the instructions of that particular verse. One thing the thoughtful reader can perceive about Emmett Fox as he reads this book is that the man was full of faith. Read it, don't try to dissect it according to your religious background or denomination, just be open to the spiritual knowledge in the use of faith that he has shared.

My son died just a few months ago. This is where I began my search to understand, to find answers, and to reunite with my spiritual self because I was so disconnected and lost. This book has guided me on a journey of forgiveness. In forgiving others (I was in great denial that I judged others) and I found forgiveness for my own self. Is it an easy path, no, but this book has helped me to find the meanings to the many questions I have always had. I am still in the grieving process, but I have found a strength in my journey and this book was my stepping stone. I plan on reading other books by this author.

Every person on the earth owes it to themselves to read this book. I go to it over and over again. It helps make sense of life. If you are having difficulties or just looking for some inspiration - this is the read for you. Emmet Fox is gifted. He sees life through a very clear pair of eyes. If it wasn't for this book, I would not have been able to forgive, raise my conscious thoughts, and move on with my life. It brought me to a better place. If you are Christian - you will love this. It re-instates all that we believe to be. I only wish I knew about this book when I was younger (I'm 51). Perhaps my life would

have been different if I had changed my thought process as the book teaches you. Just a note; the vocabulary may be taxing at times. Make a list of the whatever words you are not familiar with, make a list and page number, and then look them up and re-read the paragraph (especially with Bible terms). I have three college degrees, however, Emmet Fox himself actually suggest some chapters to be read over for a better understanding (the golden key). Best of luck to all of you who make the purchase.

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